



SKM & KVP School Report

2018-19

Message from Principal

Dear Parents !

On my request the following article was written by Mrs. Sudarma Rao for our SKM & KVP parents. She is a Retired Senior Teacher who has been in the teaching field for more than 40 years. At present she spends her time teaching Children at Art of Living Campus, Bangaluru. Her son is a Yoga Guru, close to Shri Ravi Sankar Maharaj. He is a B.Tech (Chemical) from IIT, Bombay and took a spiritual path thereafter.

Some tips for the parents.

First and foremost thing is to spend some time with your children. Nowadays when both the parents are working it is very hard to do this. But make it a point to do this at least for ten minutes a day. This will not only make them happy but also feel secure that they have someone to fall back upon. When the children come back from school (especially small children) ask them what they learnt in school that day, what they liked the most and what they did not like. Though they may not have an answer for everything in the beginning, in course of time they will say everything even without asking. This will make them more attentive in the class and their communication skills will also improve. Regarding the thing that they did not like you have to ask them the reason for their dislike. For example the timid child may not like the teacher scolding the naughty child. So we have to explain to them that the naughty child was disturbing the class the teacher had to scold.

Always say positive things about the teacher and the school. You may not like certain things in the school but you can always solve them by discussing with the teacher and the school. On the other hand if you go on criticising the teacher or the school, your child may start disliking the teacher and the school. This will affect the learning process of the child. For example my elder son who for some reason didn't like his Hindi teacher never used to do his Hindi homework and used to get remarks in the school calendar. But the same child used to get very good marks in Hindi after two years when the teacher changed. I was teaching first standard for many years. At the beginning of every year I would try my best to make the children like me so that the whole year would go smoothly.

Be a role model to your children. When they ask you some questions answer them patiently. In case you don't know the answer tell them that you will find out the answer and tell them. Try to cultivate good habits in your children. For example if you want them to put the rubbish only in the dustbin, you will have to do it always. When I was teaching cleanliness I told them that cleanliness does not mean collecting the waste from our house and throwing it out on the road or in the next house. I also told them if they see some one doing that they should tell them not to do so. At once a child stood up and said that nobody listens to them. Children observe us always. Do not make the children do anything that you want them to do by reward or punishment. Punishment will make them stubborn. On the other hand explain to them why you want them to do

that. Reward will make them expect every time. In the same way we should know the difference between praise and encouragement. "You are the best child" is praising whereas "you are a fine child, anybody will appreciate and enjoy you" is encouraging. According to Taylor praise stimulates rivalry and competition, fosters selfishness at the expense of others, fosters fear of failure and fosters dependence while encouragement stimulates co-operation and contribution for the good of all, fosters self interest which does not hurt others, fosters acceptance of being imperfect, fosters self sufficiency and independence. Do not force the children to study or do their homework when they are not in the mood. They may sit with their books and their minds will be some where else so it will end in everything being done wrong. At the same time don't make the habit of sitting with them to do their homework. Let them do it on their own and then check whether they have done it correctly. Please do not give them the idea that they have to study well only to get good results in their exams. On the other hand make them understand that they have to learn to gain knowledge. This I am sure will take away the tension of exams in the children as well as the parents. Sometimes the parents are more tensed up than their children (especially tenth and twelfth standard children). In some schools the parents are called to go through the answer papers of their children. Some parents are keen on seeing whether the teacher has checked properly. Instead we have to see where our children have gone wrong and make them realise why it is wrong so that they will not repeat it the next time. Not only in the exams but any time they are wrong instead of just scolding them we have to make them realise why they are wrong. Some parents are of the opinion that the best way to make the children learn the spelling of the words is to make them repeat them many times or make them write many times. Instead we have to buy a blackboard and we have to become the students and the children to be the teacher. Especially the small children love to imitate their teachers. Another way is to write the particular words on the blackboard or make placards of those words and hang them in such a place where they can see. Constantly seeing the words will enable them to learn the words easily and quickly. Some experts say even the shape of the words help the children to learn the words quickly. For example the shape of the word "apple" is and the shape of the word potato is Another way is to play spelling games where one person starts with an alphabet and the next person says the next letter and so on till the word is formed. For example one starts with the alphabet n and the next person says e and the next person says w. Thus the word 'new' is formed. If they want they can continue to make the word news or newspaper etc. Nowadays we get many board games to improve the vocabulary of the children. Thus parents have a great responsibility in bringing up their children. Their duty doesn't get over by providing them with food, shelter and clothing but also to see that they grow up into a good human being. Parents have to become playmates when the children are young and be good friends as their children become teenagers.

Mr. B. Antony Arul Raj
Principal

International Yoga Day

The world celebrates 21st June as 'International Yoga day'. The benefit of Yoga is to purify our soul. Yoga has direct connection between 'Atama' & 'Parmatma'. In ancient time people used to give much important to yoga but now-a- days people are unaware of its benefits.

We celebrated yoga day in our school. It was celebrated by all the students from std: 1st to std 12th. Students of std 1 to 4 gathered in assembly hall while students of VI to XII gathered in our school garden to perform yoga. Our P.T teachers instructed us & guided us how to perform yoga. We started with basic exercises & then we performed different asana like Tadasana, Vajrasana, Trikonasana, Arah-Ustrasana etc. later we performed paranayam, kapalbhati & at last we meditated by observing our breath. Our teachers also participated with us.

In the end, principal sir gave a small speech & a few words on the importance of yoga day & then all moved back to our respected classes. It was a very nice & energetic experience to perform yoga on this very special occasion. This day will be always be remembered by us, & we will treasure & cherish this memory in our mind. Last but not least, we all should perform yoga everyday for the calmness of our soul.

- Fenny Patel (Std. - X)

Art & Craft Workshop

Report on Art & Craft Workshop conducted by Pidilite Company.

On 15th June, 2018 Friday at 2p.m to 6 p.m. There was a work shop conducted by Pidilite Company for the Ahmedabad school teachers to teach the student how to use the waste material to make a useful thing.

SKM school teachers, Ms. Rinku Suthar, Ms Srushti Pattani, Mrs. Neha Patel, Mrs. Archana Jain, attended Art and Craft workshop, Organized by Pidilite company. It was conducted by Mr. Kalpesh Parekh.

The organizers gave all the teachers a kit consisting of various Pidilite items like tempera colour, fabric colour (black) fevicol A+ glue, neon outliners etc.

They also gave us a cardboard recycled roll plastic bottle, and asked us to decorate them according to our creativity. There were some beads, shells, buttons, candy sticks etc on the table. Using all these materials we have to make photo frame, pencil stand, and bottle decoration.

All the teachers started working, showcasing their creativity to their best some decorated photo frame using shell, others by buttons, etc. It was a great experience, showcasing and bringing out our creativity.

For nearly 3 hours we were so engrossed in our work that we forgot outside world.

So this workshop was something very different and innovative. We thank our school authority, principal sir for giving us such a great and wonderful opportunity to learn something new. We, teachers will definitely use this experience for bringing out our children's creativity.

In the month of July we are organized a half day work shop for our students regarding the above workshop. We will try to bring out the talent of our student which is hidden inside them. We will give a platform for the student to show their talent in the school.

Vipasana Meditation

We had a meditation session in our school. Students from standard 5th to 12th were present at the session. Some people spent their time with us and taught us Anapan. The students were told to close their eyes and concentrate on their breathing. The students as well as teachers and they themselves joined us in that activity. We did that activity for about 20 minutes. After 20 minutes we were told to open our eyes and they explained the advantages of the same. The advantage of this activity was to increase concentration, alertness, increase decision power, self confidence etc. After explanation we were again told to close our eyes and continue the same. Through this, one can learn not to kill anyone, not to steal, avoid misbehavior and to avoid other bad activities. The meditation session gave us a stock of good habits to follow. In all we meditated for about 45 minutes. It made our mind peaceful. All the students enjoyed very much. The teachers also enjoyed it. Our Principal was also present at the session. There were 3 of 15 minutes each. We were also told to recite a shlok which was recited by all the students. The meaning of that shlok was that may all be happy and live a very happy life. Thus, everybody enjoyed it but 80% people felt it as a physical challenge. Hence it was a very wonderful experience !

Traffic Safety Campaign

It was held by Hundai Motor India foundation at SKUM School.

It's very important to follow traffic rules in our life. In this session all the students got knowledge about how to follow the traffic rules.

Students learnt that when, where and how to follow the three lights Red, Orange, Green. There is also a lesson of traffic rules in 3rd standard (G.S.T.B). From this seminar, students were introduced to the Traffic Rules and got knowledge about traffic rules and regulation which are as follows :

- Drive carefully
- Do not encourage driver to drive fast
- Walk always on the left side of the road
- Do not lean out of the windows.
- Wear helmet while driving.
- When you see any accident call 108.
- Use zebra crossing while you cross the road.

After introducing these rules they asked questions about awareness of traffic rules and gave some wrapped gifts. Students got knowledge that "Be the better guy"

"Let's join hands to make road safe"

Students also watched a cartoon and traffic awareness programme. It was useful for students as their speaking skill will develop and they can be a good person. They also played game 'Ludo' with their traffic chart. There were four teams blue, green, yellow and pink for encouraging. They also gave some small flags to the students for participation in the team.

Dental Check-Up Camp

24th September, 2018

Dental check up camp was organized for children of Nursery to Standard:7 by KIDS DENTAL STUDIO in AVM room of our school on 24th and 25th September.

Dr. Kisha Mehta and Dr. Umangi Lelchadia along with their two assistants have done oral checkup of children and given remarks on the basis of their clinical examination.

The dentists also collected personal data and contact numbers and gave leaflets with the children's dental report. They also gave a pencil and eraser as a gift. Approximately, 800 students from our school have benefitted through this check-up camp.



We are highly grateful to both the doctors and their team for providing their best services at the health checkup and awareness program.

They have agreed to conduct more such health and free checkup programs for different stake holders of the schools like children, teachers, other staff members, parents, etc.



Visit to Oncology Community Centre

Place: Vasna

Students: 11th and 12th commerce and science stream

Date: 12th, October, 2017

Students of 11th and 12th commerce and science stream visited Oncology community centre along with Pinal madam, Neeta madam, Kinjal madam, Shivangi madam and Nayan sir. Aim of this social visit was to provide awareness regarding the most dreadful disease CANCER and to spend some time with the cancer patients in order to make them cheerful and hopeful. Students also come to know that these patients can have a new vision towards life.

First of all, the students along with their teachers, were shown the exhibition and photo gallery about the symptoms, precaution and treatment of this disease. All the science students and specially those who have opted for Biology subject were more curious to know about it and were asking more questions with great eagerness. After that, in charge of this centre Geeta madam gave them a short description about the causes of this disease and showed a small video to the students.

Students also met a few of the patients who were in the last stage of cancer. This NGO has established a few rooms for these patients who can stay free of charge with one of their family members. In NGO premises, their family members are also provided some food at nominal cost so that they can take good care of these patients and boost up their morale. Students and teachers also provided juice to these patients.

All the students got a lot of information about the causes and treatment of this disease and the aim of taking then for social visit was achieved.

-Neeta Trivedi

Visit to Science City

Students of standard: 9th and 10th visited Science City, Such a visit had been arranged to draw more students towards education science and to increase their practical knowledge of science. It was in the real sense a knowledge based visit for students. They watched all the shows shown in Science City like our space, Plant System, Galaxy, Launching of satellite etc very curiously. They also had observed all other scientific things, models information about great scientists, astronauts dress, images in different mirrors, science experiments etc.

They left Science City with great Satisfaction and also decided to revisit it. It was really a knowledgeable visit for students and teachers all.

- Neha Patel (Sr)

Khel Mahakumbh - Volleyball

This year in Khel Mahakumbh Competitions organized by Gujarat Government, our school took part in 5 zone volleyball match. There were 10 teams and our teams of Under-14 Boys & Under-17 Boys were champions and Under-17 Girls were runner-up. All the participants got Rs. 2000/- each and in total all of them earned Rs. 66,000/-. From our school 32 players qualified for State Level Khel Mahakumbh.

KBD Juniors - Under -12

Adani group had organized KBD Juniors where 24 teams had taken part in it. Our school participated in this competition for the first time and defeated 4 teams. Each & every participants got a kit & a certificate. This match was telecasted on national level Star Sports Channel which gave recognition and promotion of our school name at national level. It also boosted and encouraged our players and parents.

SSPF - State Level Volleyball Competition

SSPF State Level Volleyball Competition was organized at Adity International School, Naroda, Ahmedabad. Eight teams participated in this state level competition. We defeated St. Xavier's School, Sandipani Eng. School and Surat City without losing a set.

We secured a place in the final by defeating H.B. Kapadia with the score 3-0 (25-20).

Our school represented Ahmedabad and won the finals against Anand City [score 3-0 (25-11) (25-13)] without losing a set. The main contribution was by Jash Desai 10-A, Krish Patel 10-A, Hemin Patel 10-A and Parth Chauhan.

Three players from our school were selected for National Level (Jash Desai, Krish Patel and Hemin Patel.)

Zydus (Zysports 2018)

A tournament of Athletics and various other sports were organized by Zydus School, Godhavi. The sports included Race, Kho-Kho, Volleyball, Jump, Table Tennis, Chess etc.

We took part in U-19 Volleyball and Athletic tournament with 28 students.

SKM English Medium school were U-19 Volleyball Champion in Zysports. Final match was against Maharaja Agrasen. We won by a score of 2-1.

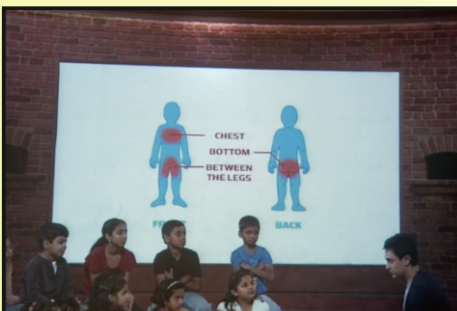
- U-17 Girls - Hurdle Race - Fenny Patel (10-A) - First Position Gold Medal
- Long Jump - Siddhida Trivedi (10-A) secured 3rd Place
- U-14 Boys - Long Jump - Harshil Patel (8-A) - Third Position

School Activities

Clean India



Good Touch, Bad Touch



Save Water



Independence Day Celebration



Rathyatra Celebration



Fancy Dress Competition



Science Exhibition



Visit to the British Library



Winner of Milo Quiz Competition



Self Confidence & Self Defence for Girls by Rusan Khambhata



Summer Drink



Visit to NID



Teacher's Workshop



Umbrella Decoration Competition



Sardar Jayanti - Ekta Yatra



Teachers Workshop



Ramkrishna Mission Essay Competition



Science Olympiad

Yoga Day



State Level Volleyball



KBD Juniors



Face Painting, Dance and Skit Comeptition



Elementary Exam



TCS Quiz Competition



SSPF - State Level Volleyball



100 Day Celebration



Janmasthanmi Celebration



Picnic - Fun & Feast



Sandwich Making



Sweet Making



Thumb Printing



Wet & Dry Activity



Dental Checkup



Mode of Transport





Samir Kanubhai Maneklal School Kusum Vishnubhai Patel H. S. School

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